



Sprout City Farms Seasonal Intern Job Description

Purpose:

Sprout City Farms (SCF) is looking for individuals able to play an integral role in helping realize its mission and vision: to cultivate educational urban farms that engage and strengthen communities, and establish a network of accessible farms throughout the city that nourish, and are nourished by, their surrounding community. SCF seeded its first urban community farm in 2011 in response to growing interest in utilizing social and physical resources to create healthier, more resilient local food communities. Since that time, the Denver Green School (DGS) Community Farm has successfully transformed an acre of underutilized land in a public schoolyard into fertile ground that produces 5-6 tons of healthy food annually and nourishes thousands of people in the school and SE Denver community. In 2014, SCF expanded its efforts in partnership with the City of Lakewood to a second 1-acre site, the Mountair Park (MAP) Community Farm located on the grounds of Mountair Park at the corner of 13th and Depew St. in Lakewood, and in 2016, we broke ground on the third site, the Dahlia Campus for Health and Well-Being in partnership with the Mental Health Center of Denver located at 35th & Dahlia in NE Denver.

We are seeking interns to help implement operations and programs at all 3 farm sites (3 interns per site), under the direction of each site's Farm Manager. This is a great opportunity for individuals interested in being more involved in the local food movement, those aiming to develop a skill set while moving toward full-time employment in the field, and/or individuals who have the time and skills to commit to a non-profit farming organization. As a developing nonprofit, our small staff works closely together to implement the goals of the organization as SCF continues to grow.

Internships can be tailored to fit specific needs (including course credit) and interests. In addition to help with general farm maintenance and programs, we are particularly interested in internships focused on nutrition and cooking demonstrations, health and well-being (farm yoga!), and youth education (farm camp!).

Desired skills and qualifications:

1. Ability to work as a team player.
2. Willingness to take initiative and follow-through on tasks.
3. Strong oral and written communication skills.
4. Ability to work with people from diverse backgrounds, including students/youth, people of different cultures, etc.
5. Pragmatic and outcome-driven, yet positive and forward thinking.
6. Experience or interest managing volunteers and working with children, and comfortable speaking in front of people.
7. Ability to physically work within a variety of conditions (i.e. endurance to work long days, in diverse weather conditions), and ability to lift at least 40 pounds.
8. Reliable transportation.
9. Punctuality and flexible schedule including working on weekends and nights.
10. Proficiency in data entry, Microsoft Word, Excel, Social Media.
11. Interest in helping develop a more sustainable and just local food system.



12. Preference will go to local residents.

Duties and Responsibilities:

1. Assist in planting, cultivating, maintaining, and harvesting crops and with general farm maintenance.
2. Assist with food distribution programs such as CSA, Farm Stand, Farm to Cafeteria, Donations, and others, as well as community service programs & events.
3. Help ensure that the farm and its programs are staying true to SCF's Mission, Vision and Core Values.
4. Meet all necessary volunteer requirements of SCF (see Volunteer Packet).
5. Assist in developing and maintaining farm-based educational and volunteer programs such as volunteer days, workshops, tours, farm camp, and other programs and events.
6. Assist with recordkeeping, data entry and recording.

Time Commitment

15-20 hours per week including some nights and weekends throughout the growing season (April 10 – November 3, but may begin as early as mid-March and end as late as mid-November). Interns must be dedicated for the entire growing season and especially be available on harvest days. This is a volunteer (unpaid) position, but interns receive a share in the CSA program valued at \$400+.

Contact:

To apply, please fill out the application from [SCF's website](#) and submit a .pdf of the application and a resume by March 17th, 2017 to:

Meg Caley, Sprout City Farms Director of Farming Operations and Education

Email: apply@sproutcityfarms.org

Mail: P.O. Box 181396 Denver, CO 80218

For more information on SCF, please visit our website at www.sproutcityfarms.org and our facebook page at www.facebook.com/SproutCityFarms.

*Sprout City Farms follows an equal opportunity employment policy and employs personnel without regard to race, creed, color, ethnicity, national origin, religion, sex, sexual orientation, gender expression, age, physical or mental ability, veteran status, military obligations, marital status, transgender status, gender identity, ancestry, gender, political service, affiliation or disability.

This policy applies to all Sprout City Farms employees, volunteers, members, clients, and contractors. This policy also applies to internal promotions, training, opportunities for advancement, terminations, outside vendors, members and customers, service clients, use of contractors and consultants, and dealings with the general public.*