



# Workshops 2016

All workshops will be held at Mountair Park Community Farm  
(located in the SE corner of Mountair Park at the corner of 13<sup>th</sup> & Depew St. Lakewood)  
from 10am-12pm (unless otherwise noted)  
Suggested donation \$5-10  
Please RSVP to [info@sproutcityfarms.org](mailto:info@sproutcityfarms.org)

## **April 16 from 12.30-1.30pm**

Earth Day Event and Backyard Chicken Keeping at Lakewood Heritage Center

## **May 21 from 1-4pm**

### **Family Farm Fiesta!!**

Fun and free event for the whole family, featuring food, live music, activities,  
and more!

## **June 4**

### **Composting**

Turn your kitchen and yard waste into garden gold.

## **July 23**

### **Cut Flowers**

Learn how to grow, harvest, and arrange flowers.

## **August 13 from 10am-3pm**

### **Homesteading Festival**

A day of workshops on topics of sustainable living and self-sufficiency.

## **September 17**

### **Pickling**

Preserve the harvest by pickling all sorts of veggies.

## **October 8**

### **Mushrooms**

Grow your own culinary mushrooms at home!

Visit us on the web at [sproutcityfarms.org](http://sproutcityfarms.org) or [www.facebook.com/SproutCityFarms](http://www.facebook.com/SproutCityFarms)